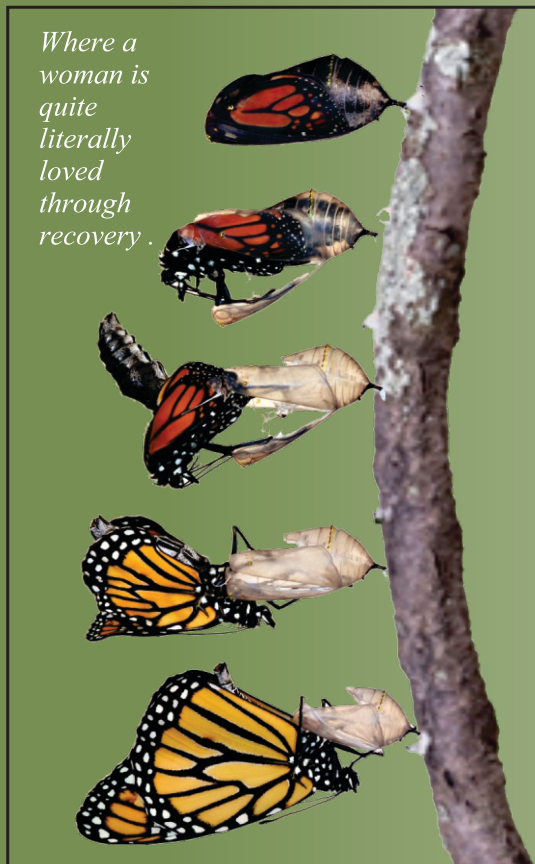


Partners Recovery

Healing from
betrayal and adultery

Where a
woman is
quite
literally
loved
through
recovery.



5 SMOOTH STONES

Catherine Hendrickson

Recovery Coach Training
Spouse's Recovery Coach

www.5sscounseling.com

559-760-0804

With a culture where pornography is available on our hand held devices, we have an epidemic of pornography addiction. It is not a matter *if* porn comes across your path, but *when*. Partners experience, mistrust, grief, fear, hyper-control and low self-esteem.

You are not alone. *"if we love one another, God lives in us and his love is made complete in us."* - John 4:12

We want to introduce you to Wayne and Catherine Hendrickson, and a ministry that talks about an intensely private subject. Pornography, adultery, betrayal and sexual brokenness.

We offer:

- **Couples Counseling - dealing with pornography, infidelity, Sexual Anorexia**
- **Individual counseling - directed at compulsive sexual behavior**
- **Spouse/Partner Counseling & Spouse/Partner Groups**
- **Teen and Family Counseling**

Credentials: Wayne Hendrickson

M.Div. Bethel Seminary, St. Paul MN (Pastoral Counseling Emphasis)

CPE: Baptist Hospital, St Paul MN (Clinical Pastoral Education)

SRT: American Association for Sex Addiction Therapy

(Sexual Recovery Therapist / Intimacy Anorexia)

and Spouse's Recovery Coach (American Association for Sex Addiction Therapy)

Catherine Hendrickson:

Recovery Coach Training (the Addictions Academy)

Spouse's Recovery Coach (American Association for Sex Addiction Therapy)

Spouse/Partner Groups:

Often the partner of the spouse carries the shame of the one who has betrayed them. There is a tremendous loss of self-esteem and sometime spouses can suffer from *relational trauma* and need help so they do not withdraw from society or the things that once brought them joy. There is help in grieving the losses, and moving past the shame so they can live uplifting lives that God intended them to live.

We have seen numerous cases of *Intimacy/Sexual Anorexia*. This is where the partner actively withholds emotional connection, and often mutual sexually satisfying love-making. The symptoms are feeling like a roommate, or a business partner, and not like a lover or a spouse.

Healing often comes in the group setting, where the partners voice can be heard and affirmed. There is reinforcement that the partners bad behavior is not their fault, even though the offending spouses repeatedly blames them for everything. Shared experiences and the opportunity to share and hear the stories of others validates and encourages recovery.

Group Mott

I will be your heart. You will be my heart.
We will hold each other up, and we, with the help of our God,
will quite literally love each other into recovery.